



People.Health.Care.

Suprasorb® CNP presents:

VivereX®

Our handy single-use system for
your negative pressure therapy.



Suprasorb® CNP presents:

VivereX®

Helpful information about your new therapy system.

Dear patient,

Your doctor has chosen the VivereX single-use system to treat your wound. We have compiled all the important information for you regarding the therapy on the following pages to help you successfully incorporate this treatment into your daily life.

You can also contribute to good wound healing by following our application tips. But please remember that only qualified healthcare professionals are allowed to apply wound dressings.

We wish you a speedy recovery!



The VivereX® system designed in Sweden is now available to patients through L&R.

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1. What is included with the VivereX®?

The VivereX system consists of a small, lightweight pump connected to an absorbent adhesive dressing that is applied to the wound. The pump is programmed to exert a predefined level of negative pressure on the wound surface.

The ready-for-use dressing is made of multiple layers and has an adhesive silicone border which allows the wound exudate to pass through from the wound. It also secures the dressing in place, and makes it less painful to remove. The dressing helps to prevent bacteria from entering the wound.

2. How does the VivereX® work?

Your doctor has selected the VivereX wound therapy system as the best treatment for your wound. This modern treatment method is also known as negative pressure wound therapy (NPWT, also called controlled negative pressure therapy, CNP therapy).

The VivereX device generates negative pressure and, in this way, drains wound secretions (exudate) from your wound. It may also improve blood flow to the wound, which will help it to heal. At the same time, it supports the formation of new, healthy tissue.



VivereX can be carried inconspicuously, especially in a trouser pocket.

3. How do I use the VivereX® and when should the dressing be changed?

The status window indicates whether or not the VivereX device is functioning properly. The status window has 4 indicator lights. When the green wound therapy indicator flashes, the device is functioning normally.

Push-button for switching on and off.

Connector port for the tube.

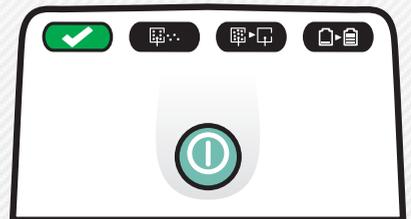
4 visual safety indicators.

Battery compartment on the back.



The status window indicates whether or not the VivereX device is functioning properly.

When the green wound therapy indicator flashes, the device is functioning normally.



The VivereX is equipped with an indicator light to alert you when the dressing needs to be changed (see page 9). Your doctor or nurse will inform you if and when the dressings should be changed.



No dressing change necessary



The dressing should be changed soon



The dressing should be changed immediately

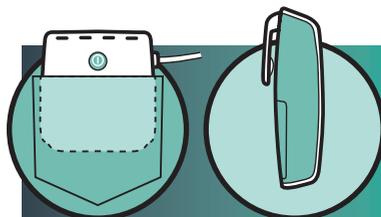
4. How can I integrate the therapy in my everyday life?

Can I move around during therapy?

You can move normally and freely, as long as the dressing remains in place and connected to the VivereX pump. Put the device into a pocket in your trousers or use the belt clip. Its design makes it easy to wear the VivereX discreetly.

Is treatment with the VivereX® system painful?

The VivereX dressing has a gentle adhesive silicone wound contact layer, which makes it virtually painless to remove. A few patients have reported mild pain or an uncomfortable feeling a few minutes after the pump was turned on. If the doctor gave you prescription medicine for pain, take it as prescribed.



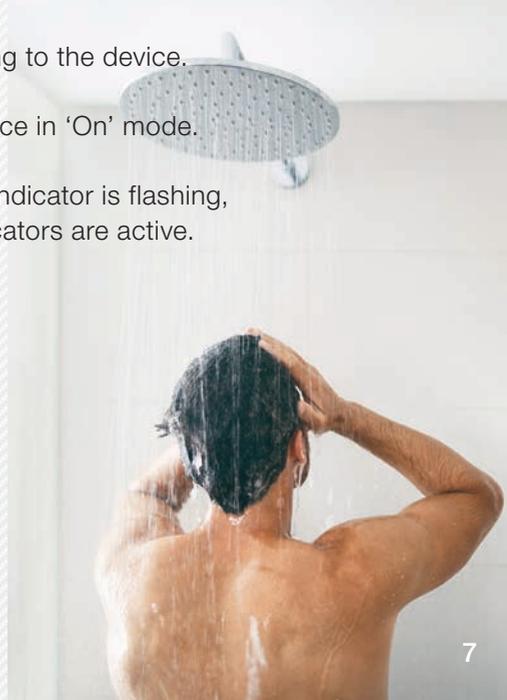
The device is small and lightweight, so it fits perfectly into any pocket. The VivereX also comes with a clip on the back, so it can be clipped to any waistband.

Can I take a shower with the VivereX®?

You must be disconnected from the VivereX pump to shower. You can shower or wash with the dressing in place. The dressing is water-resistant, but you should avoid exposing the dressing to direct water jets or submerge it in water, which may cause the dressing to fall off.

When taking a shower, please follow these instructions carefully:

- 1 Press the power button for three seconds to put the device in 'Off' mode.
- 2 Disconnect the VivereX and keep the device in a safe place.
- 3 The end of the dressing's tube should be facing down, to prevent water from entering the tube.
- 4 The dressing should not be directly submerged in water or water jets.
- 5 After showering, reconnect the dressing to the device.
- 6 Press the power button to put the device in 'On' mode.
- 7 Ensure that the green wound therapy indicator is flashing, the dressing is connected and no indicators are active.





Cleaning

You can clean the surface of the VivereX device if needed with a soft cloth slightly moistened with water.

Prior to going to bed

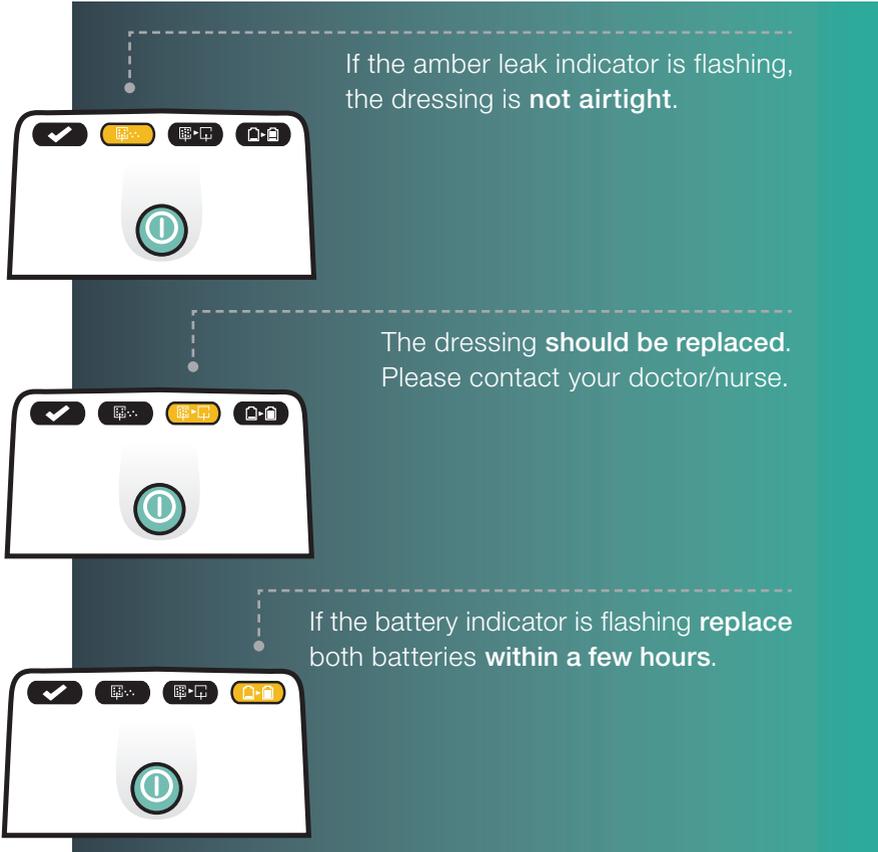
It is important that you do not switch off the therapy device at night. Position the VivereX device in such a way that it cannot fall down during the night. Ensure that the tubes do not become kinked.

How long does my wound need to be treated with the VivereX®?

The treatment time depends on the size and type of wound you have. Your doctor will give you information about if and how often the dressing should be changed and the approximate treatment duration. Be sure to go to all appointments, and to call your doctor or nurse if you encounter any problems.

5. Which indicator lights can I resolve myself?

Familiarise yourself with the meanings of the indicator lights and the instructions.



If the amber leak indicator is flashing, the dressing is **not airtight**.

The dressing **should be replaced**. Please contact your doctor/nurse.

If the battery indicator is flashing **replace both batteries within a few hours**.



Battery power is low?

Both the green therapy and amber battery LEDs will turn on to indicate low batteries and they should be replaced within 24 hours. If only the amber battery LED is flashing, the battery power is too low to operate the therapy device properly. The batteries should be replaced immediately. For information on how to replace the batteries, refer to the instructions for use.

6. When should I contact my doctor/nurse?

- 1 If the dressing comes off.** Cover the area with a sterile dressing and contact your doctor.
- 2 When all of the indicator lights are on.**
- 3 When the amber leak or dressing change LED indicator is flashing.**
- 4 When the machine makes frequent noises or gets loud.** This may indicate the seal is broken.
- 5 If you have signs of infection, such as:**
 - swelling, warmth or redness around the wound
 - increased pain
 - pus
 - fever



7. Useful telephone numbers





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